

Our DIY Hair Recipes

We all know this way is usually cheaper, but requires a little effort and the help of some natural preservatives. If you are someone with masses of hair who can get through a bottle of product in two goes, this is going to be HUGE savings on your wallet.

Plus, your hair will love it too!

There are so many variations that can be made from each of these recipes if you want to get creative!

Basic Gel Base

10-12g of Xanthan Gum
1 litre of distilled water

Add warmed water slowly half cup at a time and mix thoroughly with blender.

Optional: 1/2 - 1tsp Olive OIL (of your choice or a blend)

2 tsps of acid such as lemon juice or ACV

Infuse the water with a handful of fresh herb beforehand such as chamomile or comfrey. Aloe juice is also a great addition!



Flax/Seaweed Gel

- 25g of IRISH MOSS raw dried whole seaweed (rinsed and soaked) with 50g of Flax seeds in 2 cups of filtered/bottled/purified water.
- Bring to boil and simmer stirring continuously for 10-15 mins until a very thick gloopy gel has formed. Lifting the spoon and seeing a string of gel as opposed to dripping watery consistency.
- Pass through a sieve straight away using a wooden spoon to stir and press gel through. Allow to cool to room temp
- Add ESSENTIAL OIL (we prefer grapefruit here) 1-2 drops. Stir it in well.
- Pour into the 150ml bottle with pump.



Add these two together for a creamy gel!

Oat Curl

Creame/Conditioner/Cowash

- Take 50g of OATS in a pan with 200ml of distilled water, boil, stir & simmer.
- When a porridge is achieved, strain the mix through a sieve.
- If overcooked, add a little more water gradually and keep stirring over heat. You want a yoghurt like consistency. It should resemble a conditioner!
- Add 1 teaspoon of ACV or lemon juice, 1 teaspoon of Olive oil, and 2-3 drops of essential oil. Mix well, put in a jar and cool in fridge.
- Keeps in fridge for up to 2 weeks, longer if you don't put fingers in the jar but use a spoon or put in a pump bottle. Can also be frozen.



Dry Shampoo

- Take Cornflour (20g), Arrowroot (10 g) of Kaolin Clay (10g).
- Add straight to a SHAKER tube (or salt/flour shaker) if you don't wish to add fragrance.
- To scent, rub a couple of drops of essential oil on some cotton wool over a sieve before passing through and then add to shaker to apply.



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Moisture Bath Bomb

- Add a handful of OATS and handful of dried BLADDERWRACK seaweed to the middle of a muslin cloth, gather corners and tie.
- Add to your bath when running (preferably with bath salts and a cup of vinegar too for hard water softening!)

Let it shall steep like a teabag and you can squeeze out the gloop all over your body and massage and let soak into hair like a conditioner You can do this is a pre-shampoo moisturiser, and use on the body .

Conker/Soapnut Wash

- Take 8-10 conkers or soap nuts, crush or chop to expose inner nut, and soak in ONE litre of soft water overnight.
 - Warm through (if desired) and spread through dry hair and give a good massage, this should lather.
- This process can be repeated again, and some people like to boil or hot infuse nuts up to 3 times to use instead of commercial laundry detergent.

Henna, Shikakai & Rye 2-in-1

- Take One Tablespoon of pure henna powder, the same of shikakai and finely milled rye. Mix the powders together in a bowl.
- Slowly add warm soft/filtered water and stir to make a pourable paste, but try not to make it too runny!
- Transfer to a squeezezy bottle with another 100-150ml of warm water and distribute through dry hair evenly through scalp and massage well.
- Let sit for 5-10 mins and rinse very well, preferably in the bath.

An egg can replace shampoo & conditioner much like this recipe above. Natures 2-in-1

Hair Shine Tonic

- Take 250ml of SOFT water (distilled preferably) into a spray bottle bottle. Water can be infused beforehand if you wish.
- Add no more than 1tbsp of ACV or Lemon Juice and 1-2 drops of ESSENTIAL OIL.

Shake and spray anywhere on your hair or scalp or face! This perfectly balanced PH soft water shall hydrate, moisturise and smooth cuticles from hard tap water leaving hair shiny and softer. This can even be sprayed onto the scalp if feeling dry or itchy to soothe & hydrate.

